

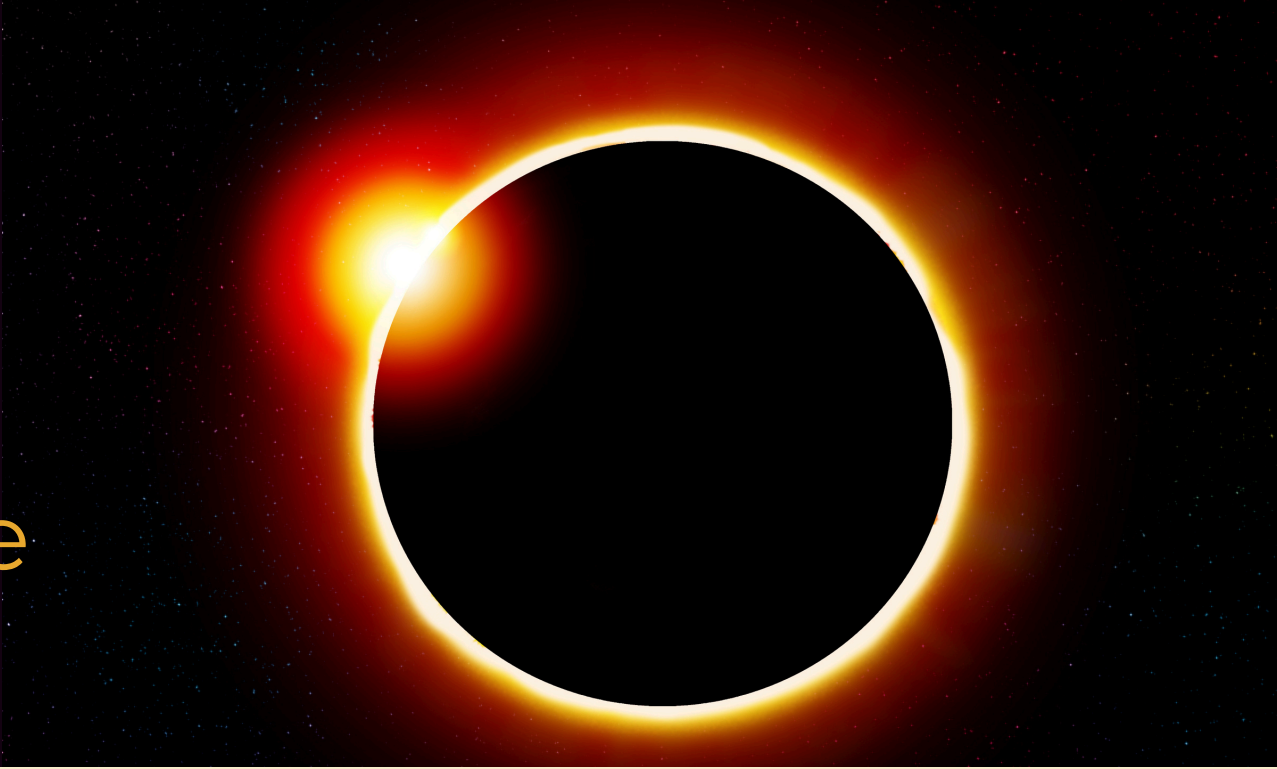


B R I A N A
S A U S S Y

Autumn 2024

Eclipse Magic Workbook

Eclipse Magic



Hola Miracle!

Thank you so much for joining in on this season's fantastic Eclipse Magic! Before we get into the good stuff I want to take just a few moments to talk about what eclipses are, how often we experience them, and some practical ways you can begin working with them. Then I will go over everything that is included in your Eclipse Magic service, and how to make best use of this book.

All About Eclipses:

Every year we experience between four and six eclipses, both solar and lunar. As I deepened my studies and practice of astrology I became more and more interested in how to understand and work with the particular energy that accompanies these celestial events and so, after years of really doing nothing more than noting how they seem to effect my own life and speaking with my clients about their eclipse experiences I was finally ready to say definitely that eclipses are for breaking patterns, pure and simple.

These events naturally cause one to pause. They are a break in what are otherwise two of our

most normal and rhythmic markers of both time and season – solar and lunar cycles.

These are cycles that we have lived by and with for millennia, we have created watches and calendars based on their predictable patterns of movement, growth, diminishment, and re-emergence.

Then there is the eclipse. Whether it is lunar (in which case it can be seen by the population that is on the night-side of the earth) or solar (in which case it can only be seen by a small percentage of earth's population); it is so clearly an interruption.

There are two major categories of eclipse – solar and lunar – and three subcategories for each. A solar eclipse may be total, partial, or annular. A total eclipse occurs when the moon completely covers the sun. A partial solar eclipse occurs when the moon only partially covers the sun – it looks like a dark shadow has taken a bite out of the sun from our perspective. And an annular solar eclipse is when the moon fully passes over the sun but is not at the right angle to be perceived as completely covering the sun so the eclipse appears as a dark shadow covering the sun but with a ring of fire all around it like a halo.

Lunar eclipses follow a similar pattern. There are total, partial, and penumbral. Total and partial are what you would expect and penumbral is a subtle lunar eclipse that occurs when the moon is shadowed by earth but not completely in any one place. For our purposes we will just deal with the major categories of eclipse – solar and lunar. Each kind of eclipse has its own energetic signature. Here is what I have observed:

Lunar eclipses – they occur more frequently than solar eclipses and they are visible to greater numbers of people. The phenomena is planet earth moving in between the full moon and the sun, therefore casting a shadow over the moon that results in the complete blacking out or subtle darkening of la luna.

Traditionally the **Full Moon** helps us “see in the dark” its light allows us to notice the aspects of our life that are normally hidden or at the very least de-emphasized. However, the shadow side of the moon is becoming trapped in an emotional stickiness that you cannot seem to get out of no matter how hard you try.

Consider the Moon card from the Rider-Waite-Smith tarot to get a sense of what I am talking about.

Professional astrologers often talk about the position of your natal moon as your “comfort zone” and where one feels most at home and relaxed, but as we know only staying in the comfort zone and never challenging yourself leads to some pretty dull situations and atrophy.

Therefore, the lunar eclipse is the perfect time to look at any one place where you feel particularly stuck emotionally or any place where you are just “in a rut”. The eclipse breaks the regular lunar cycle so now is your opportunity to break that pattern.

Solar Eclipses – occur less frequently than lunar eclipses and are only visible to a tiny portion of the world. The Sun is in many ways our first timekeeper and season marker. Our days are literally marked by the passage of the sun across the sky from horizon to horizon. And of course the sun makes life possible so the importance of this “planet” (as we think of it in classical astrology) cannot be overstated.

Whereas the moon lends itself to looking at places of stuckness on an emotional and internal level, the sun is more interested in the very obvious patterns at play in our lives. What are you always saying you want to do, or will do, but just haven’t gotten around to yet? That is what the sun is interested in and that is what the solar eclipse can transform.

You can pick something to focus on but in my experience the pattern you can break during the solar eclipse shows up very powerfully. If you are at all paying attention you are already probably feeling the desire to break the cycle of habit that has become oppressive. Solar eclipses are all about less talking and more rocking. And again, you break the cycle in the same way as you do above – by either doing the thing that you are constantly saying you are going to do OR by finally admitting that you never wanted to do it in the first place and putting it down once and for all.

Remember, Not all patterns are bad. A pattern can be a very helpful thing, we all have routines that help us call ourselves back to ourselves and we all have natural rhythms to follow.

When a pattern becomes oppressive it starts out as a subtle energetic drain – it is something you are always aware of in the back of your mind or corner of your eye but are not taking clear actions to address. So it just sits there, wasting your time and devouring your vitality. After it has eaten up enough of your energy, the pattern becomes much bigger and harder to contend with.

from being an apparently (but not really) passive force in the back of the mind to THE THING that occupies all of your attention front and center and before long it starts to feel like you are fated to do/think/feel this way forever.

So, now that you have some in-depth Eclipse Magic insight, let's go over what this service includes:

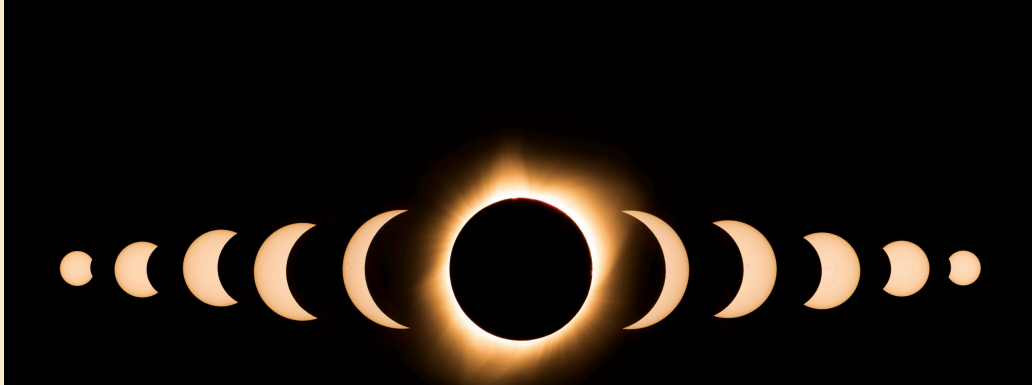
Your Eclipse Magic service includes:

- A **devotional candle** that is dressed with my personal blend of ritual oils that support us in seeing, facing, and breaking any patterns. (Note: no candle report is issued with these candles).

- The **Fire to Ash Ceremony** (for honoring the Solar Eclipse): A few words about the Fire and Ash ceremony. This is a ceremony that calls on the powerful element of fire in alignment with the pattern breaking most appropriate for the energy of the Solar Eclipse. I take your petition, inscribe it on a piece of paper that has been magically crafted with super specific herbs, resins, and oils (that are actually in the paper) and treated to burn in a very specific way, and then, at the exact moment of the eclipse, all petition papers are lit. The ashes from these papers fly up into the sky and then fall back down to Earth. I scry in the ashes for any portents and signs that you need to be aware of and will contact you via email with any observations.

- The **Water to Roots Rite** (for honoring the Lunar Eclipse): The Water to Roots ceremony calls on the deep element of Water, best aligned with the energies of the Lunar Eclipse. For this ceremony I write your petition on another magical piece of paper, also infused with herbs, oils, and resins that are specific to this lunar working and then treated so that it completely dissolves when placed in water. The waters worked with come from one of the 5 sacred springs in the state of Texas and are blended with waters that have been sent to me by students and clients from sacred wells and springs around the world. The water is blessed, petition paper dissolved at the moment of the lunar eclipse, and then the potion is left out overnight and then offered up to my moon garden the following day.

•Questions, Themes, Prompts and Petitions specific to each Eclipse



How to use this guide

Use this guidebook to inspire and enliven your Eclipse Magic experience. I recommend that you print it out, scrawl and scribble, let the Eclipse Season be a time when you actually do go deeper, supporting yourself in acknowledging and naming the patterns that no longer serve you and then letting them go once and for all. Start with the petitions for each eclipse - read over the petitions a couple of times and then fill them out and turn them in so that I have them on file.

Every Eclipse is Different

Now that you have the lay of the land, let's drill down into these particular Eclipses because each one is different, bringing its own gifts and challenges. The Eclipses we are working with during this round of Eclipse Magic are:

9/17: Lunar Eclipse at 25 degrees Pisces at 9:34 PM

10/2: Solar Eclipse at 10 degrees Libra at 1:49 PM

Questions, Themes, Prompts, and Petitions

September 19th Lunar Eclipse in Pisces ~

When the Lunar Eclipse occurs in Pisces, the interruption is one of a deeply spiritual nature. Our abilities to heal, create, and transform are all called into question. Our attitudes about art, beauty, meaning, spirituality, fantasy, healing, and limitations...are all ready to be mined, considered, and sorted through. This is a sacred pause and a moment that encourages something Pisces Natives find restorative - solitude. But it is a proactive solitude that allows us to get to the heart of the gifts of Pisces and determine for ourselves how we want to show up and what patterns need to be interrupted and abolished in order for us to show up fully.

Questions to consider:

- Where have I limited myself?
- What am I refusing to create out of fear?
- What am I avoiding?
- Where am I trying to escape to?

Themes to Consider:

- Right relationship to creativity and artistic endeavors
- Attention to the places you have inscribed false limits around yourself
- Awareness of what you are trying to avoid
- Consideration what you CAN do and accomplish

Prompts:

- What stories around creativity and limitations need to be dismantled? What new stories might be told?
- What beliefs/ideas about healing no longer serve me?
- Where do I locate beauty?
- What attitudes around escapism do I need to re-examine?

Petition

Note: I recommend you read the petition first, a couple of times, before trying to fill it out. When you are ready fill it out and submit it [here](#).

Blessed Moon as you are held by the Stars of the Celestial Fish, I ask that you shine your light on me and give me true voice and true connection so that, by the grace and blessing of (Name your Holy Helpers) I am able to bear witness to and dissolve the evident and known patterns that are no longer helpful, supportive, or appropriate for me to hold, especially the patterns of (Name the patterns you wish to dissolve).

As I seek to remove these patterns and their influences from my life I will support my work by (Name what practical action(s) you will do to support your work).

Please give me a sign that this work has been effective and that the patterns have been released. I will look for (Name the sign you wish to see) and keep my mind and heart open to the other ways you might communicate with me.

I thank you and offer (Name of the thanksgiving offering you will make to your Holy Helpers). I ask these things in the name(s) precious and sacred to me (name the names), may it be so amen/it is done.

October 2nd Solar Eclipse in Libra

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When the Solar Eclipse occurs in Libra, the interruption is one of relationship. Our ability to be in relationships, start or stop relationships, pursue a specific relationship goal, are all highlighted during this moment. Our attitudes about our love, partnership, politics, and the ways that we find balance, negotiate harmony, and practice diplomacy...are all ready to be mined, considered, and sorted through. This is a sacred pause and a moment that encourages something Libra Natives have a hard time with - solitude. But it is a proactive solitude that allows us to get to the heart of the gifts of Libra and determine for ourselves how we want to show up and what patterns need to be interrupted and abolished in order for us to show up fully.

Questions to consider:

- Where am I alone?
- What is in balance?
- What condition are my relationships in?
- What decision am I hesitating on and what decision needs to be made?

Themes to Consider:

- Where am I alone?
- What is in balance?
- What condition are my relationships in?
- What decision am I hesitating on and what decision needs to be made?

Prompts:

- What stories around love, marriage, and relationships need to be dismantled? What new stories might be told?
- What beliefs/ideas about beauty, art, and culture are no longer serving me?
- Where do I locate balance?
- What attitudes around decision making, fairness, and justice do I need to re-examine?

Petition

Note: I recommend you read the petition first, a couple of times, before trying to fill it out. When you are ready fill it out and submit it [here](#).

Blessed Sun, as you are held by the Stars of the Celestial Scales, I ask that you shine your light on me and give me true voice and true connection so that, by the grace and blessing of (Name your Holy Helpers) I am able to bear witness to and dissolve the evident and known patterns that are no longer helpful, supportive, or appropriate for me to hold, especially the patterns of (Name the patterns you wish to dissolve).

As I seek to remove these patterns and their influences from my life I will support my work by (Name what practical action(s) you will do to support your work). Please give me a sign that this work has been effective and that the patterns have been released. I will look for (Name the sign you wish to see) and keep my mind and heart open to the other ways you might communicate with me. I thank you and offer (Name of the thanksgiving offering you will make to your Holy Helpers). I

*ask these things in the name(s) precious and sacred to me (name the names), may it be so/amen/
it is done.*

Notes ~