



Discover Your Ideal Daily Practice - Complete Quiz Results

BRIANA SAUSSY





MIRACLE,

Welcome to your personalized daily practice guide! Thank you for taking the quiz – I'm thrilled to share what I've discovered about the spiritual path that's calling to you.

Your quiz responses revealed something beautiful: you're ready for a practice that honors both your practical nature and your magical gifts. What you're about to read isn't just theory – it's a practical roadmap designed specifically for someone with your spiritual strengths, challenges, and real-world circumstances.

Let's dive in...





YOUR PERSONALIZED DAILY PRACTICE

THE ELEMENTAL INTEGRATION SYSTEM

Based on your quiz responses, your optimal daily practice weaves seamlessly into your existing routines, transforming ordinary moments into sacred ones. The Elemental Integration System is designed for busy practitioners who need flexibility without sacrificing depth – honoring your ability to find magic in the mundane.

YOUR DAILY PRACTICE COMPONENTS:

Morning Threshold Blessing (30 seconds):

Brief ritual when crossing your first doorway of the day



Elemental Check-in (2 minutes):

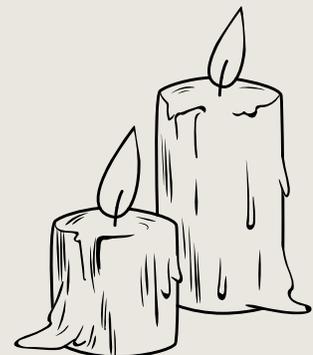
Connect with one element during a natural transition – feel earth under your feet, bring awareness to your breath, light a candle, or sip water mindfully

Intention Setting (1 minute):

Charge an object (jewelry, stone, etc.) with your daily intention while commuting or transitioning between activities

Evening Unwinding (3 minutes):

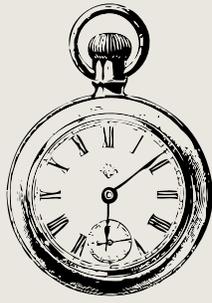
Simple candle or tea ritual to release the day and honor your magical work





WHY THIS PRACTICE WORKS FOR YOU:

- Integrates with existing routines rather than adding extra time
- Provides flexibility for unpredictable schedules
- Creates multiple touchpoints throughout the day
- Works with everyday objects and activities as magical tools
- Balances structure with spontaneous magic-making



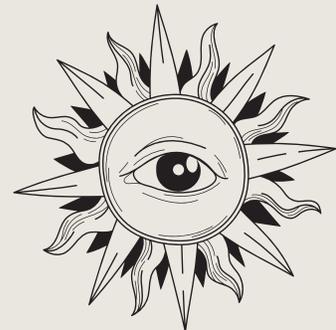
YOUR GROWTH TIMELINE:

- **Weeks 1-2:** Implement morning threshold and evening unwinding rituals
- **Weeks 3-4:** Add elemental check-ins during natural breaks in your day
- **Month 2:** Develop personal correspondences for everyday objects and spaces
- **Month 3:** Create ritualitos (mini rituals) for specific challenges or recurring situations



WHY THIS PRACTICE IS PERFECT FOR YOU

Your ideal daily practice isn't random – it's based on your Sacred Arts Archetype, which reveals your natural spiritual strengths, challenges, and growth patterns. Understanding your archetype helps you choose practices that truly serve your unique path and honor your real-world responsibilities.





INTRODUCING THE SACRED ARTS ARCHETYPES

WHAT ARE THE SACRED ARTS?

The Sacred Arts are the ancient family of practices that connect us to meaning, magic, and mystery – the timeless traditions our ancestors used to navigate life's deepest questions. Whether you call it spirituality, mysticism, or simply "following your intuition," these practices have guided humanity since the beginning of time.

If you feel drawn to tarot, astrology, meditation, ritual, energy work, or any practice that connects you to something greater than yourself, you're already dancing with the Sacred Arts. You're part of an unbroken lineage of seekers who've always known that life holds more magic than meets the eye.



Your Sacred Arts Archetype: The Witch/Magician

According to your quiz responses, you are

The Witch/Magician – and this reveals something powerful about your spiritual approach.





The Gift of Practical Magic

As a Witch/Magician, you possess the remarkable ability to bridge worlds – bringing heavenly wisdom into earthly application. You understand that true magic happens not in elaborate ceremonies, but in the conscious transformation of everyday moments into sacred experiences.

Master of Integration

You excel at weaving spiritual awareness into a full, busy life. While others might see mundane tasks and magical practice as separate, you know they're actually one and the same. Your gift is showing others that the sacred lives within the ordinary.





Adaptive Wisdom

Like a skilled alchemist, you know how to work with whatever elements are available to you. Your magic is practical, efficient, and beautifully adapted to real-world constraints. You prove that authentic spiritual practice doesn't require perfect conditions – just conscious intention.





CONNECTING WITH YOUR ARCHETYPE

To deepen your relationship with your Witch/Magician nature, consider working with these allies:



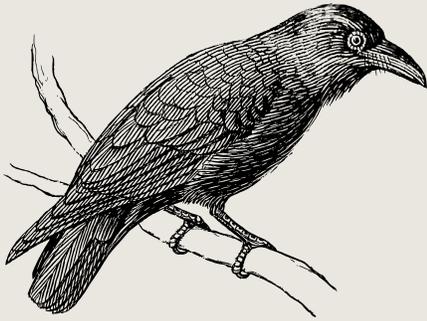
TAROT GUIDES: THE MAGICIAN & THE STAR

The Magician represents the sacred artist who stands between worlds, channeling divine energy into material manifestation. With the tools of the elements before you, you have the capacity to transform intention into reality.

The Magician's gesture – one hand pointing skyward, one toward earth – reflects your natural ability to bridge heaven and earth, bringing spiritual wisdom into practical application.

The Star complements this energy perfectly, representing hope, inspiration, and cosmic connection. This card shows a figure pouring water onto both land and sea – just as you balance the different aspects of your life. The Star's connection to celestial navigation speaks to your affinity for working with natural timing and cosmic cycles, helping you find direction even in challenging times.

Together, these cards represent practical magic infused with divine inspiration – the perfect combination for navigating a full life with spiritual awareness. They remind you that your ability to find magic in the mundane is both a gift and a sacred responsibility.



ANIMAL GUIDE: THE RAVEN WEAVER

The Raven embodies your Witch/Magician energy perfectly – intelligent, adaptable, and masterful at moving between worlds. Ravens are problem-solvers and strategic thinkers, just like you. They adapt to diverse environments while maintaining their essential nature, weaving the two together, much as you weave your spiritual practice into a busy, multifaceted life.

In many traditions, ravens are associated with intelligence (problem-solving and strategic thinking), transformation (the ability to adapt and change while maintaining core essence), magic (particularly practical magic and manifestation), messenger abilities (moving between different worlds and realities), and balance (of light and shadow, heaven and earth, spiritual and material).

When facing challenges, envision your Raven Weaver guide and ask: "How can I adapt while staying true to my essence?" Your guide's wisdom will help you find creative solutions that honor both practical demands and spiritual values.

PLANETARY ALLY: MERCURY

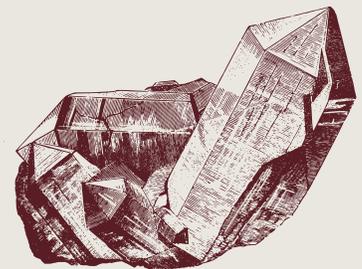
Mercury governs communication, practical magic, and the swift movement between realms. This planet supports your ability to think quickly, adapt to changing circumstances, and communicate effectively between different worlds – spiritual and mundane.

PLANT ALLY: FOXGLOVE

(Digitalis purpurea) is a medicinal plant native to Europe as well as parts of Asia and Africa that has a long tradition of being worked with in magic. The plant was worked with in folk remedies and then later, (and through today) in modern medicine to treat various heart conditions. As with all healing plants, dosage is everything as we can see from this old saying: "Foxglove can raise the dead and kill the living." It is also beloved of faeries.

CRYSTAL ALLY:

Smoky Quartz is made for the Witch/Magician. This stone is often worked with for scrying – a specific kind of divination the relies on gazing in a relaxed manner into a stone, mirror, or pool of water. Smoky Quartz is associated with grounding – which is extremely important to do when you are actively making magic as well as manifesting positive results in your life. This stone is also known to be a powerful aid in protection which is important for the Witch/Magician Archetype who often finds that they are trafficking with spirits whose motivations are not completely clear.





YOUR NATURAL GIFTS

As a Witch/Magician, you bring these precious gifts to the Sacred Arts:

Practical Wisdom: You know how to make ancient teachings relevant to modern life without losing their essential power

Adaptive Magic: Your ability to create meaningful ritual with whatever materials and time you have available is truly masterful

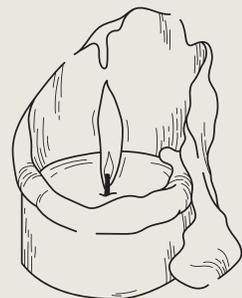
Bridge-Building: You naturally connect the spiritual and mundane, showing others that magic is accessible in everyday life

Efficient Transformation: You accomplish significant spiritual work within the constraints of a busy schedule – a skill many practitioners aspire to develop

Elemental Awareness: You intuitively work with the energies around you, turning ordinary moments into opportunities for magical connection

Sacred Timing: You understand how to work with natural rhythms and cosmic cycles to enhance your magical work

Integration Mastery: You excel at maintaining spiritual awareness while fully engaging with worldly responsibilities





NAVIGATING YOUR CHALLENGES

Every archetype has shadow patterns to be aware of. As a Witch/Magician, watch for:

Overextension: Your enthusiasm for integrating magic everywhere might lead to taking on too many spiritual practices at once. Remember that consistency in a few practices serves you better than scattered attempts at everything.

Perfectionism: You might feel pressured to make every moment magical, leading to spiritual burnout. Allow yourself ordinary moments – they're part of the sacred rhythm too.

Energy Management: Your generous spirit might lead you to give more energy than you receive. Practice conscious boundaries around your magical and emotional energy.

Grounding Challenges: With so much focus on adaptation and flow, you might sometimes lose touch with stable foundations. Regular grounding practices help maintain balance.

Sacred vs. Mundane: Sometimes the integration can become so seamless that you lose touch with the distinctly sacred. Maintaining some purely devotional practices helps preserve mystery and reverence.





YOUR NEXT STEPS

- **Begin Your Daily Practice:** Start with the Elemental Integration System this week
- **Create Mobile Magic:** Develop portable rituals you can do anywhere
- **Honor Your Rhythms:** Notice your natural energy patterns and design practice around them
- **Trust Your Integration:** Remember that your ability to find magic in ordinary moments is a profound spiritual gift



A Note About Your Archetype

If you've taken a Sacred Arts Archetype quiz before and received a different result, that's completely natural and expected! Your spiritual archetype can shift based on where you are in your life, what you're called to explore, or simply how you're approaching the Sacred Arts at this moment.

Whether you're brand new to this work or you've been part of our community for years, your current result reflects your present spiritual needs and gifts. Trust what emerged from this quiz – it's showing you exactly what you need to know right now.





FOR LONG-TIME COMMUNITY MEMBERS

If you've been part of our sacred community for a while and have engaged with multiple offerings, your Witch/Magician archetype offers unique opportunities for deepening. You likely excel at integrating diverse teachings into a cohesive personal practice. Consider how you might:

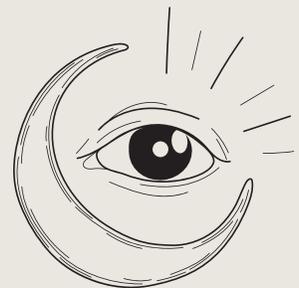
- Synthesize different modalities you've studied into your own unique magical system
- Mentor others in practical magic and spiritual integration
- Develop specialized expertise in areas like astrological magic or kitchen witchery
- Create your own rituals and spells that blend traditional wisdom with personal innovations



Your experience across multiple offerings has likely given you a toolbox of techniques. Now is the time to refine these into your personal magical signature and consider how you might share this wisdom with others.

NEXT STEPS FOR CONTINUING MEMBERS:

- Consider developing your own teaching approach that honors practical integration
- Explore advanced magical techniques that build on your integration skills





RECOMMENDED RESOURCES

Ready to enhance your Witch/Magician path?

These resources are perfect next steps:

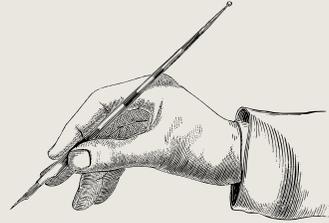
- **Read Making Magic** - my first book that covers the A-Z of making making and includes wonderful rituals you can try at home. Get it [HERE](#).
- **Email Readings** - Personalized guidance for integrating practice into your current circumstances. Book one [HERE](#).
- **Sacred Arts Academy** - Deepen your connection to magic making and surround yourself with Sacred Arts community. Learn more [HERE](#).



PERSONAL AFFIRMATION

Blessed Ones in whom I live, move, and breathe...I am a skilled alchemist of the everyday, transforming ordinary moments into sacred experiences. I honor both heaven and earth, drawing wisdom from the stars while remaining grounded in practical reality. My magic flows through my daily actions, bringing intention and meaning to all I do. I trust my ability to adapt and transform while maintaining my essential connection to spirit. As it is, was, and ever shall be/So may it be/Amen

A PERSONAL MESSAGE



Your Witch/Magician energy is exactly what our world needs right now. In a time when many people feel disconnected from the sacred, you show them that magic is accessible, practical, and beautifully woven into ordinary life.

Your gift isn't just personal – it's a service to others who struggle to find time for spiritual practice. You prove that busy lives can be deeply spiritual lives, and that the most profound magic often happens in the spaces between formal practice.



Trust your adaptive wisdom. Honor your practical magic. Keep weaving the sacred into the everyday.

Your magical life is already underway.

With magical blessings,

xo

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This guide was prepared especially for you based on your Sacred Archetype Quiz results. Your unique combination of answers revealed your Witch/Magician nature, though everyone contains elements of all four archetypes. Return to this guide whenever you need to reconnect with your spiritual gifts and path.

Questions about your reading? Reach out to us at hello@brianasaussy.com

P.S. *Save this guide and return to it often. As you grow in your practice, you'll find new layers of meaning in these words. Your Witch/Magician journey is just beginning...*



Briana Saussy is an author, storyteller, consultant, and ritualist dedicated to the field of Sacred Arts and her growing community of soulful seekers.

Her books *Making Magic: Weaving Together the Everyday and the Extraordinary* and *Star Child: Joyful Parenting Through Astrology* are available at your favorite bookseller.

Pick up a copy of her annual astrology planner *Planning by Starlight* online.

Reach her at her [website](#).



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